

DOCTORS' DAY MAY 1 - 9 PM

SHINE A LIGHT FOR ALL THEY DO



May 1 is National Doctors' Day. While many days have been given a theme, this one ensures that physicians have their day in the spotlight. The Ontario Medical Association is inviting us to shine a light for five minutes at 9 p.m. on Saturday, May 1 to show appreciation for the doctors in our community. **#ShineALightForThem**
Pledge your support at doctorsday.ca, post messages, photos and videos on social media and share **#DoctorsDay**.



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Show appreciation by shining a light on doctors

Ontario residents are encouraged to show their appreciation for physicians on the front lines of the COVID-19 pandemic on May 1 and join the campaign led by the Ontario Medical Association (OMA).

It's a day to recognize the incredible contribution of these health care professionals whose vital role has been amplified by the pandemic, now in its second year. We're invited to shine a light with phones, flashlights and candles at 9 p.m. on Saturday, May 1 as a collective symbol of thanks. The association is asking us to share hashtags #DoctorsDay and #ShineALightForThem and to post messages at doctorsday.ca and share thoughts, images and videos of support on social media.

Doctors' Day is being celebrated by municipalities and attractions including the CN Tower and Niagara Falls. They are shining blue lights as a tribute to local doctors and physicians across the province in an extra show of support at this challenging time.

According to the OMA, Ontario's doctors treat and care for more than 340,000 patients

across the province every day.

"Ontario's doctors work hard to ensure that patients are getting the care they need, whether it's in a hospital, long-term care home, clinic, research lab or in a patient's home," states the OMA.

"As our front-line heroes battle the third wave of COVID-19, doctors need our support more than ever. Let's make Doctors' Day 2021 bigger than ever."

The OMA has produced a series of "Meet the Doctors" videos that feature testimonials from several physicians, each with a different medical specialty. Dr. Wendy Kennette speaks to the emotional impact patients have on doctors and the human aspect of palliative medicine. Obstetrician-gynecologist Dr. Jessica Dy shares the importance of communicating the memorable days experienced by those in her profession and Dr. Srikala Sridhar, medical oncologist, talks about how doctors can learn from their patients.

The power of the gift of sight and the importance of relating to the experience of

patients is the message that eye physician and surgeon Dr. Raj Rathee shares. Psychiatrist Dr. Frank Sommers recalls a frightening encounter as a young doctor with a patient in distress and how doctors can intervene in emergency situations.

Dr. Chi-Ming Chow speaks to the importance of a supportive family as experienced in his cardiology practice and Dr. Teresa Chan shares insights about care in the emergency department. Dr. Silvy Mathew, a family and long-term care physician explains the connection between



doctor and patient and their family and how caring doesn't stop at the end of the work day. To view the videos and learn more about these doctors and health care in Ontario, go to the OMA website at oma.org/advocacy/value-of-doctors/.



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