#### National Volunteer Week 2 21 April 18-24, 2021

## The value and power of volunteers celebrated

The National Volunteer Week theme for 2021 "The value of one, the nower of many reflects on the abundant acts of kindness by millions of individuals and the positive results when we work together towards a common purpose

According to Volunteer Canada, during the past year, people have been supporting family. friends, neighbours, and strangers, people standing up to systemic racism, and people sharing insights on how to create a more just and equi-

table society. The organizers of National Volunteer Week. April 18 to 24 recognize the value of the caring and compassion that each one has shown another and the power of people, organizations.

and sectors working together. "The power of people working together can bring about monumental changes. We have seen people work together on legislative chang-

es related to impaired driving, same sex marriage. and assisted dving states the organizing body. The theme is a nod to Volunteer Canada's past, a reflection of its present, and a wink to the

future. "The value of one, the power of many" was the theme for National Volunteer Week in 2001. The International Year of Volunteers, it reflects the individual and collective efforts, being seen during the pandemic and it sets the tone for re-imagining the next 20 years as the value of one act and the power of many enables us to thrive together, according to Volunteer Canada's

promotion of the week As part of the celebration of volunteers organizers are inviting submissions related to the thoma Hora are some avamples

"The value of one person calling another to check in. The power of many people working to prevent social isolation."

"The value of one nerson volunteering at a food

The power of many people volunteering on a Food Security Advisory Committee\* The value of one person standing up to transpho-

The power of many people calling for the protection of gender diversity? Send your theme-related couplet to Info@



## Thank You To Our Volunteers

The Perth Fire Services would like to thank our Volunteer Firefighters for their commitment to their community and taking time away from the family to protect us - especially now during this Pandemic.

- · Steve Churchill · Josh Mahon
- · Derek Popplewell · Clayton Johson
- · Jim Hogan · Stefan Deachman
- · Nick Mahon · Patrick Publow · Peter Echlin
- · Colin Anderson · Shane Rutherford
- Dale Hermer · David Thompson · Joff Doan
- · Mika Mackler
- · Shane Reckett

- · Ryan McParland
- · Craig Dobbie · Blake Kettyle · Trent Peden
- Dustin Dohhie · Chris Evans · Scott Androws
- Madison Hainstock · Jeremy Kirkham · Ashlev Milotte

· Grea McQuat

· Peter McCracken

· Jon Wilson

· Jamie Smith · Shav Popplewell · Jamie Allen Practice Fire Safety. Watch what you heat - always stay in the kitchen.

when you are cooking and never leave the BBQ unattended when in use. For any questions please contact the Perth Fire Services at 613-267-5574.

Trevor Choffe Pat Publow Fire Chief Deputy Fire Chief

Stay safe, wash hands, wear a mask and keep 2m apart! Keeping you and your community safe!



volunteerca

Senior Support Services Supporting Seniors Independence at Home and in the Community.

Thank you

### **CPHC VOLUNTEERS**

for making a difference for the seniors in our community.

CPHC Staff and Board



The Value of One. The Power of Many.





Thank you to all the members of the community who volunteer to make life better for others. VOLUNTEER New Name New Logo Still celebrating the value of one and the power of

ConnectWell Community Health, 207 Robertson Drive, Lanark, ON 613-259-2182; 1-866-762-0496 • www.connectwell.ca

many.

Same Place



National Volunteer Week 2 221 April 18-24, 2021

# Volunteering faces challenges during pandemic

As the nandemic continues to alter our lives the work of volunteers involved in charities, non-profits and community organizations also continues

While some volunteers have taken a step back at this time due to concerns regarding their own health. and the health of others, many remain on the front lines. They are providing essential services that assist the homeless women and children fleeing violence isolated seniors: mental health services for children: ongoing and emergency food and other provisions within communities

Canadians are also supporting those around them without the involvement of organizations or groups. A tradition in Canada, informal volunteering has been highlighted due to the challenges of COVID-19. These are many examples of how individuals are taking action including picking-up and dropping-off

groceries and other supplies, providing meals, sewing nonmedical masks, sharing information and offering emotional support through social media "This large, unpaid, informal workforce of caring Canadians is an asset to the volunteer sector and the country, as individuals reach out to help and support friends, neighbours and those most at risk of health complications

related to the coronavirus" states the Statistics Canada The following statistics are based on data collected prior to the pandemic, they provide information about the challenges and opportunities facing volunteerism. The information is from data from the General Social Survey on Giving, Volunteering and Participating (GSS GVP), which was conducted in 2018

In 2018, almost 12.7 million people volunteered

for charities, non-profits and community organizations accounting for 41 per cent of Canadians aged 15 and older They devoted approximately 1.7 billion hours to their formal volunteer activities a volume of work equivalent to more

than 863,000 full-time year-round lobs. In 2018 40 per cent of Canadians are 73 to 100 (matures) and 31 per cent of baby boomers (age 53 to 72) were more likely to be "too volunteers" than iGen (age 15 to 22) who volunteer at a rate of 18 per cent at this level. Top

volunteers spend 132 hours or more on volunteer activities. A Statistics Canada study titled "Volunteering in Canada-Challenges and opportunities during the COVID-19 pan-

demic\*states\*One challenge facing volunteer organizations during the nandemir is that Canadia most dedicat

ed volunteers are also among those most vulnerable to COVID-19... Another challenge during the pandemic is that many of the activities people volunteer for are no longer occurring. Hospitals, for example, have suspended most volunteer programs to protect

the health of those involved. Religious, sports and recreation, as well as arts and cultural gatherings and quents have also been cancelled with some activity moving online: According to the study; "Formal volunteers, that is, those who volunteered on behalf of organizations, dedicated the most hours on average to hospitals (111 hours) in 2018, followed closely by religious organiza-

tions (110 hours) and sports and recreation associations In 2018 (Gen contributed an average of 82 unpaid hours to charitable organizations and had the highest volunteer rate (52 per cent), highlighting an important connection

to the work of charities, non-profits and community groups. "Although iGen were less likely than other generations

to be too volunteers, they were significantly engaged in formal volunteer activities going into the pandemic. As schools have transitioned to online learning and extra-curricular activities have been cancelled, some iGen may be in a position to increase their community contributions through formal volunteering, a potential concerturity for charities in need of volunteers,"the study suggests.

"And as for you, brothers and sisters, never tire of doing what is good." Thessalonians 3:13





1-800-267-7937 613-283-0225 Established in 1945

www.willstransfer.com