

ing Week 2021

16, 2021

Simple ways to thank local nurses

Nurses have long been unsung heroes of the local community. But that tide began to turn in 2020 as the world confronted the COVID-19 pandemic and realized just how invaluable nurses are to public health.

According to the American Nurses Association, nearly 400 nurses in the United States died as a result of COVID-19 within 10 months of a pandemic being declared in America. Globally, data from the International Council of Nurses indicated that roughly 1,500 nurses lost their lives to COVID-19 by the end of October 2020.

That data is sobering and serves as a reminder that nurses put their lives on the line each day they go to work. Such sacrifices are worthy of widespread support, and there are many ways that every citizen can thank nurses working in their communities.

Support efforts to protect nurses. The public can do its part by urging local lawmakers to support legislation that increases domestic production of PPE so the brave men and women in the nursing profession can feel safe when doing their jobs.

Give nurses and their families a night off by cooking. Long shifts in stressful situations have taken a toll on nurses and their families. Neighbours can pitch in by offering to cook and deliver meals or pay for takeout for nurses and



their families. This simple gesture can provide a much-needed break for nurses and their spouses who have been stretched thin during the pandemic, and it's a great way to remind nurses that their heroic efforts are not going unnoticed.

Help out with chores. Before going to the grocery store, text or call a friend or neighbour in the nursing field to see if he or she needs anything from the store. If nurses shop online for their groceries, arrange to pick them up so nurses can spend more time relaxing at home with their families. During warm weather seasons, offer to mow the lawn or help with leaf pickup.

Offer discounts to nurses in your community. Local business owners can do their part by offering discounts to nurses and other health care professionals in their communities. A 10 per cent discount on a restaurant bill or a nursing discount on a fresh bouquet of flowers can lift nurses' spirits and reassure them that their communities are behind them.

Nurses have made immeasurable sacrifices throughout the pandemic. Communities can come together in various and often simple ways to show nurses just how much those sacrifices are appreciated. (MCC)

Thank You!
For all your hard work and dedication to help protect the health of our community!




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Thank you, Nurses! You Keep us healthy and happy!



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THANK YOU
to all healthcare heroes

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Thank you!



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Salute to Nurses



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Thank You!
For all the ways you give such good care, comfort and compassion. You are truly amazing!



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THANKS FOR ALL YOU DO!
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"For All That You Do!"

Thank You Healthcare HEROES
Stay Healthy and Safe!



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Thank You for Your Service!
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SOUTHLAKE
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Thank you Southlake Nurses!

Celebrating the faces behind the masks
through Nursing Week 2021

#WeAnswerThe Call

You can support our
health care heroes.
Visit southlake.ca/donate
to donate.



Christine Elliott
MPP for Newmarket-Aurora



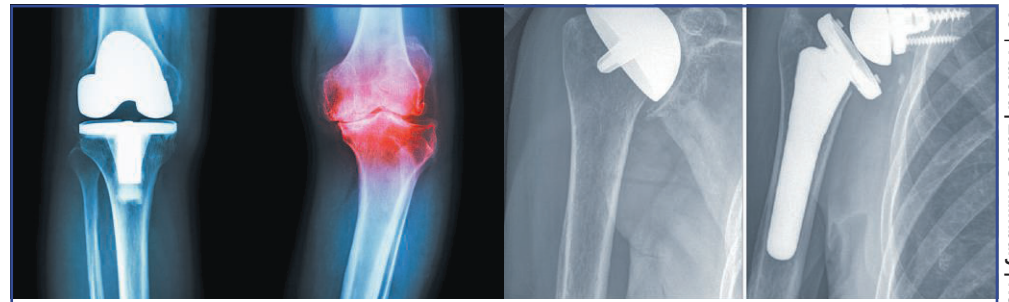
CELEBRATING NURSING WEEK

Nurses are a vital cornerstone of our health care system. Thank you for making a tremendous difference in the lives of countless patients and families in our community every day.

📞 905-853-9889 📞 1-800-211-1881

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**NATIONAL
NURSING
WEEK**

MAY 10 TO 16

Thank you nurses for all that you do!

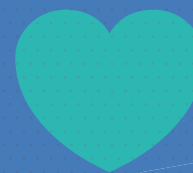
We are tremendously grateful, today and everyday, for the tireless work being put in by nurses from all across the region.

Let's all show our appreciation by taking steps to reduce the spread of #COVID19.

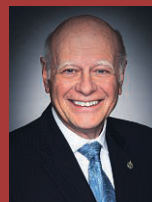
#IKnowANurse #NationalNursingWeek



**THANK
YOU
NURSES**



**NATIONAL
NURSES
WEEK**



**TONY
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