

GRADUATION SPECIAL SECTION



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GRADUATION 2021

Origins of popular graduation traditions

Graduation is steeped in tradition. Come the day of graduation, many grads-to-be might be focusing on receiving their diplomas and then celebrating after the ceremony. The hard work students put in affords them every right to celebrate in a health-safe way once they're officially anointed as new grads, but before the big day it can be fun to reflect on the many traditions associated with graduation ceremonies.

CAP AND GOWN

Graduation ceremonies simply wouldn't be the same without caps and gowns. The tradition is anything but new, as Columbia University notes caps and gowns have been linked to academia since the 12th century. Back then, students wore gowns and hoods to emulate the clergy who taught them, but also to stay warm. Many universities dressed their scholars in gowns from the 1700s onward. In 1786, one school, Brown University, even mandated that degree candidates be clad in flowing robes and caps at commencement ceremonies. Though educators and students may no longer wear caps and gowns when attending class or around campus, the tradition of doing so at commencement ceremonies has endured.

TASSEL TURNING

The tradition of turning the tassel does not have the lengthy history of the cap and gown, dating back only decades rather than centuries. Graduates typically turn the tassels after everyone has received their degrees during the ceremony. The turn is symbolic of their transition

from student to graduate. Tassels start on the right for high school students and college undergraduates and are then turned to the left, while recipients of master's degrees and doctorates keep their tassels on the left throughout the commencement ceremonies.

TOSSING CAPS IN THE AIR

The tossing of graduation caps in the air is believed to date back more than 100 years. Prior to 1912, graduates of the United States Naval Academy had to serve as midshipmen for two years before they were commissioned as officers. As a result, they still needed their graduation caps. But beginning with the class of 1912, graduates were automatically commissioned as officers, so they no longer needed their hats. That led the graduates to throw them in the air, thus beginning one of the more fun and photo-worthy graduation traditions.

"POMP AND CIRCUMSTANCE"

This tradition marked by the playing of "Pomp and Circumstance" is rooted in the work of William Shakespeare, which makes it seem like a perfect fit for graduation ceremonies. Sir Edward Elgar composed "Pomp and Circumstance" in 1901 and the title for the song was inspired by a line in the bard's "Othello." Elgar received an honorary degree from Yale University in 1905, and during that ceremony "Pomp and Circumstance" was played. The song apparently made a strong impression, as it soon began to be played at various commencement ceremonies, a tradition that continues today. (MCC)



GRADUATION 2021

Thoughtful gifts to commemorate graduation

By the time students reach graduation day, many have taken hundreds of tests, written scores of essays, worked through thousands of pencils, and made dozens of friends along the way. Such realities only underscore the notion that graduation is worthy of celebration.

Though not everyone may be able to gather this year for a blow-out graduation party, thoughtful gifts can show graduates their accomplishments have not gone unnoticed. The following are nine graduation gift ideas.

- **Keepsake blanket:** A blanket featuring school colours that's woven with photos or data about the graduate and graduating class makes a great keepsake.
- **Engraved compass:** Finding one's new direction will take time, and a symbolic compass with inspirational words can help guide

graduates on their future quests.

- **Jewelry:** Gift-givers may want to offer to pay for a school ring or can opt for different jewelry. For example, a necklace with the infinity symbol can represent infinite possibilities ahead. Those who collect charms for brace-



lets or necklaces can be gifted a graduation-themed charm.

- **Dorm room essentials:** Graduates going on to college will need a starter pack of essentials. A personalized tote bag filled with toiletries, linens and more will help graduates outfit their dorm rooms in style.

• **Inspirational art:** Graduates may want to revamp their bedrooms or decorate new dorm rooms. Framed inspirational verses, sayings or images can make ideal gifts.

- **Blue-blocking eyeglasses:** Blue-blocking lenses protect eyes from the harsh effects of blue light emitted from screens, a big benefit in an era when students and professionals spend ample time with their devices.

• **Meal subscription service:** In addition to gifting a cooking appliance like a slow cooker or air fryer, giving grads a subscription to a meal delivery service may help them transition to life without mom's cooking or the dining hall.

• **Streaming service:** Graduates can benefit from any number of streaming television and movie services to stay entertained while commuting or relaxing around the dorm with friends.

• **Luggage:** Whether students intend to take a gap year before college or enjoy a summer break before looking for their first job out of school, young adults will always get use out of a set of luggage or a carry-on bag.

Gifts for grads evolve throughout the years, but many gifts have withstood the test of time. (MCC)

Congratulations Brody and the class of St. John's 2021!



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