

Celebrating Canada 2021



On July 1, Canada will mark 154 years since Confederation. Canada Day has traditionally been an occasion for celebration and it can also be a day of reflection. Looking back, there are achievements and accolades as well as scars and wounds that have yet to heal. Looking forward, there are opportunities for healing and building a better country. On Canada Day we acknowledge the challenges faced by this nation while also celebrating its people, places and accomplishments.



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Painted paddles support Canoe museum

Home to the world's largest collection of canoes, the Canadian Canoe Museum in Peterborough will have a new \$65 million home in the next year or two. The museum's impressive collection includes about 600 canoes from early Indigenous dugouts and bark vessels other noteworthy examples like the one donated by singer-songwriter Gordon Lightfoot.

After it was discovered that the original relocation site was contaminated, an alternate location was found. Construction could begin by the end of this year.

Founded in 1997 with a private collection, the current museum displays more than 100 paddled watercraft in its galleries.

To help support the museum, the Algonquin Outfitters Paddle Art Contest has been launched for another season. In 2019 the auction of

Painted paddles raised \$32,575 to support local charities including the Canadian Canoe Museum. Entries are being accepted for the third annual paddle art auction. It costs \$29.98 to register including the cost of a paddle blank to be used to create the artwork. Deadline for submissions is August 31, 2021. Artists can opt to use their own paddle.



The 2019 entries and prices realized can be seen on the Algonquin Outfitters website algonquinoutfitters.com/contest/2021.

The paddle pictured is a tribute to Group of Seven member A. Y. Jackson's painting "The Red Maple". (Randy Mitson/Algonquin Outfitters Photo) The bark canoe is part of the museum's collection. (Photo courtesy of the Canadian Canoe Museum)

YVAN BAKER

Member of Parliament
Etobicoke Centre



HAPPY CANADA DAY!

Since the pandemic began, Canadians have come together unlike at any time in recent history to fight COVID-19 and to support one another.

Unfortunately, we can't celebrate together in Etobicoke Centre as we have in the past (picture above).

Thank you to all those in our community who have taken a Canadian Flag lawn sign or have organized other ways for us to celebrate together.

I wish you and your family a safe and happy Canada Day!



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Celebrating Canada 2021

Bring a red and white dessert to the party

A chilled summer dessert is a great way to celebrate Canada's birthday and this one features local strawberries and Ontario goat cheese that achieve a Canada Day worthy red and white effect. Fragrant fresh local strawberries create a tasty topping for this cold creamy dessert featured in the recipe section of the Ontario Farm Fresh website.

Method: In a bowl and using electric hand mixer, beat together cheese, sugar, cream and liqueur until smooth and fluffy. Cover and refrigerate for at least 1 hour or until well chilled.



Strawberries: Meanwhile, in a bowl, stir together strawberries, sugar, vanilla and orange rind until well coated.

Divide cheese mixture into bowls and top with strawberries.

Makes 6 servings.

Make-ahead: Goat cheese mixture can be made up to three days ahead.

For a richer and creamier taste, let the cheese mixture come to room temperature to serve.

Prep Time: 10 minutes

Cook Time: n/a

Per serving: About 276 cal, 10 g pro, 14 g total fat (9 g sat fat), 25 g carb, 2 g fibre, 36 mg chol, 189 mg sodium. %RDI: iron 9%, calcium 8%, vit A 19%, vit C 83%

Source: Ontario Goat Cheese (ontariogoatcheese.ca)

Find more recipes at www.farmfreshontario.com.

Strawberries and Chevre Romanof

- 1 large log (10 oz/300 g) Ontario chevre (soft, unripened goat cheese), at room temperature
- 1/4 cup (50 mL) granulated sugar
- 1/4 cup (50 mL) 35% whipping cream
- 2 tbsp (25 mL) orange liqueur

Strawberries:

- 3 cups (750 mL) sliced fresh strawberries
- 3 tbsp (45 mL) granulated sugar
- 1 tbsp (15 mL) pure vanilla extract
- 1 1/2 tsp (7 mL) grated orange rind

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Wishing Everyone a Happy Canada Day..!!