

**Celebrating Canada Day 2021  
in North Grenville**

**Celebrating together  
while apart**



LOCAL MUSIC TALENT CONCERT STREAMING 7-9.30PM

**Goose Chase**

For contest and  
all other details for  
canada day  
visit: [canada day in  
north grenville  
facebook page](#)



Bring a red and white dessert to the party

A chilled summer dessert is a great way to celebrate Canada's birthday and this one features local strawberries and Ontario goat cheese that achieve a Canada Day worthy red and white effect. Fragrant fresh local strawberries create a tasty topping for this cold creamy dessert featured in the recipe section of the Ontario Farm Fresh website.

**Method:** In a bowl and using electric hand mixer, beat together cheese, sugar, cream and liqueur until smooth and fluffy. Cover and refrigerate for at least 1 hour or until well chilled.



**Strawberries:** Meanwhile, in a bowl, stir together strawberries, sugar, vanilla and orange rind until well coated.

Divide cheese mixture into bowls and top with strawberries.

*Makes 6 servings.*

**Make-ahead:** Goat cheese mixture can be made up to three days ahead.

For a richer and creamier taste, let the cheese mixture come to room temperature to serve.

**Prep Time:** 10 minutes

**Cook Time:** n/a

Per serving: About 276 cal, 10 g pro, 14 g total fat (9 g sat fat), 25 g carb, 2 g fibre, 36 mg chol, 189 mg sodium. %RDI: iron 9%, calcium 8%, vit A 19%, vit C 83%  
Source: Ontario Goat Cheese ([ontariogoatcheese.ca](http://ontariogoatcheese.ca))  
Find more recipes at [www.farmfreshontario.com](http://www.farmfreshontario.com).

**Strawberries and Chevre Romanof**

- 1 large log (10 oz/300 g) Ontario chevre (soft, unripened goat cheese), at room temperature
- 1/4 cup (50 mL) granulated sugar
- 1/4 cup (50 mL) 35% whipping cream
- 2 tbsp (25 mL) orange liqueur

**Strawberries:**

- 3 cups (750 mL) sliced fresh strawberries
- 3 tbsp (45 mL) granulated sugar
- 1 tbsp (15 mL) pure vanilla extract
- 1 1/2 tsp (7 mL) grated orange rind

**SUPPORT SMALL  
SUPPORT LOCAL**

Our retailers, restaurants,  
service providers, agri-food producers,  
artists and manufacturers...

ARE AT THE HEART  
OF OUR COMMUNITY

Please show your support  
**SHOP LOCAL**



MERRICKVILLE-WOLFORD  
*Jewel of the Rideau*

FOR SMALL BUSINESS  
TOOLS AND RESOURCES:

[www.merrickville-wolford.ca](http://www.merrickville-wolford.ca)



**Friends, neighbours and visitors – Happy Canada Day!**

Canada Day – our traditional time when we as a community gather to celebrate and share our sense of pride, that sense of greatness that Canada is – that we as residents of Merrickville-Wolford are! While we may not be gathering this Canada Day, much like we have not gathered over the past 16 months, there is much to appreciate in this great country of ours.

And much to be thankful for in our community:

We are home to the globally recognized Rideau Canal Waterway – a great Canadian outdoor destination.

An amazing trail system.

A strong artisan community with more than 100 heritage buildings and are considered one of Ontario's best preserved historic villages.

Nationally recognized by Communities in Bloom for our environmental stewardship and enhancement of green spaces – and in 2019 awarded Canada's Prettiest Village.

A prosperous agricultural base that attracts farm gate operations producing amazing locally grown healthy foods. Yes, much to be thankful for.

Yes – much to appreciate what we as a community have – and do!

As Mayor and residents of Merrickville-Wolford, we are perpetually drawn to the natural beauty, generosity of human spirit and support amongst neighbours and businesses that permeates our community. Perhaps this year, consider how much we as a community do to make Canada the True North, Strong and Free. This year, unlike other years, we need to spend quiet time of reflection and sadness about the loss of so many innocent indigenous children in residential homes. This year, let's resolve that this never happen again in our great country and keep their family members in our hearts and minds.

We don't just say that our country is great, we must make it great!

Please have a special day with  
your families this Canada Day!  
Mayor Doug Struthers on behalf  
of Council





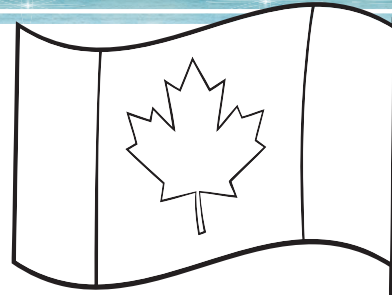
# Celebrating Canada 2021

**BEAVERS ARE FAMOUS FOR THEIR BUCKTEETH!**

## CANADA Word Search

M	A	P	L	E	S	Y	R	U	P	L	H
P	P	G	B	S	E	L	S	L	E	D	O
O	C	E	I	O	I	A	L	E	I	R	C
U	S	R	L	O	K	D	L	A	N	A	K
T	K	E	I	M	C	A	G	O	O	S	E
I	I	V	N	O	O	N	S	N	O	W	Y
N	I	A	G	A	R	A	F	A	L	L	S
E	N	E	U	A	E	C	O	O	R	A	B
R	G	B	A	W	A	T	T	O	T	B	L
C	I	T	L	A	C	R	O	S	S	E	O
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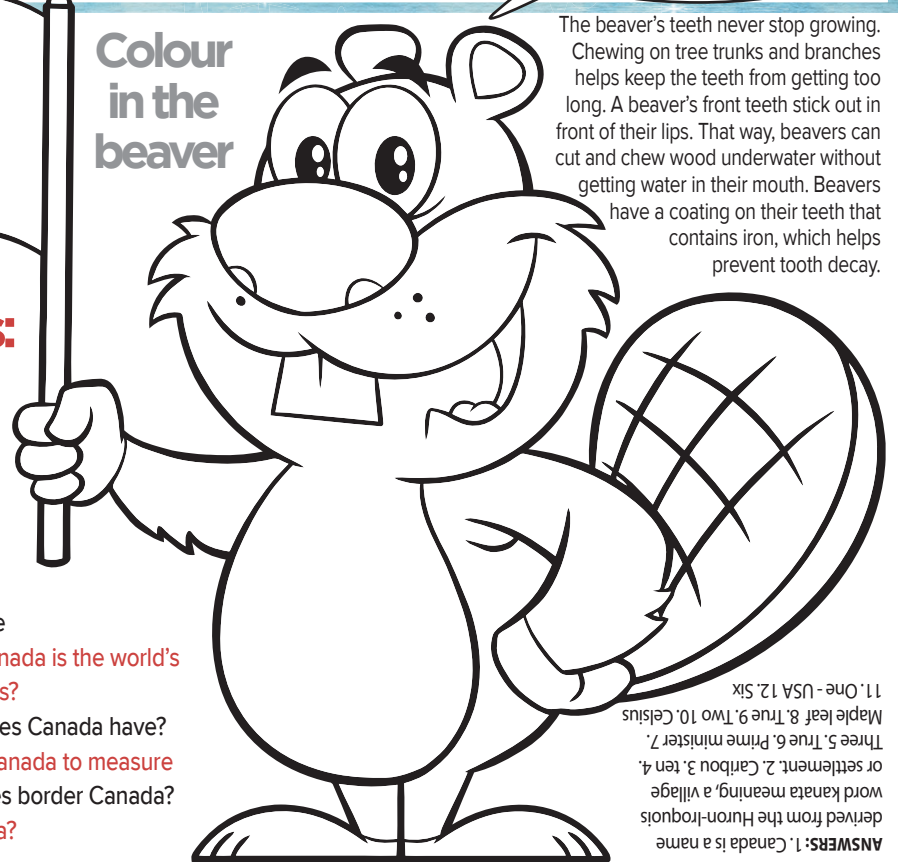
- |           |          |               |            |         |
|-----------|----------|---------------|------------|---------|
| BEAR      | GOOSE    | MAPLE SYRUP   | OTTAWA     | ROCKIES |
| BEAVER    | HOCKEY   | MOOSE         | PARLIAMENT | SKIING  |
| BILINGUAL | LACROSSE | MOUNTAINS     | POUTINE    | SLED    |
| CANADA    | LOONIE   | NIAGARA FALLS | RCMP       | SNOW    |



Colour in the beaver

### Trivia Questions:

1. What is the origin of the name "Canada"?
2. What animal is on the Canadian quarter?
3. How many provinces in Canada?
4. How many territories in Canada?
5. True or False? Superman was created by a Canadian?
6. What is the leader of Canada called?
7. What leaf is on the Canadian flag?
8. True or False? Canada is the world's second largest country, by land mass?
9. How many national languages does Canada have?
10. What measurement is used in Canada to measure temperature?
11. How many countries border Canada?
12. How many time zones in Canada?



The beaver's teeth never stop growing. Chewing on tree trunks and branches helps keep the teeth from getting too long. A beaver's front teeth stick out in front of their lips. That way, beavers can cut and chew wood underwater without getting water in their mouth. Beavers have a coating on their teeth that contains iron, which helps prevent tooth decay.

ANSWERS: 1. Canada is a name derived from the Huron-Iroquois word kanata meaning, a village or settlement. 2. Caribou. 3. ten. 4. Three. 5. True. 6. Prime minister. 7. Maple leaf. 8. True. 9. Two. 10. Celsius. 11. One - USA. 12. Six.



## Happy Canada Day from your Municipal Council

