



Celebrating Canada 2021

Bring a red and white dessert to the party

With any luck Canada Day will be blessed with great weather that brings clear sunny skies and warm temperatures that entice us outdoors. A chilled summer dessert is a great way to celebrate Canada's birthday and this one features local strawberries and Ontario goat cheese that achieve a Canada Day worthy red and white effect. This dessert tastes like ice cream in a bowl and the benefit is that it won't melt. Fragrant fresh local strawberries create a tasty topping for this rich creamy dessert featured in the recipe section of the Ontario Farm Fresh website (www.ontariofarmfresh.com).

Strawberries and Chevre Romanof

- 1 large log (10 oz/300 g) Ontario chevre (soft, unripened goat cheese), at room temperature
- 1/4 cup (50 mL) granulated sugar
- 1/4 cup (50 mL) 35% whipping cream
- 2 tbsp (25 mL) orange liqueur

Strawberries:

- 3 cups (750 mL) sliced fresh strawberries
- 3 tbsp (45 mL) granulated sugar
- 1 tbsp (15 mL) pure vanilla extract
- 1 1/2 tsp (7 mL) grated orange rind



Method: In a bowl and using electric hand mixer, beat together cheese, sugar, cream and liqueur until smooth and fluffy. Cover and refrigerate for at least 1 hour or until well chilled.

Strawberries: Meanwhile, in a bowl, stir together strawberries, sugar, vanilla and orange rind until well coated.

Divide cheese mixture into bowls or Mason jars and top with strawberries.

Makes 6 servings.

Make-ahead: Cheese mixture can be made up to three days ahead.

For a richer and creamier taste, let the cheese mixture come to room temperature to serve.

Prep Time: 10 minutes

Cook Time: n/a

Per serving: About 276 cal, 10 g pro, 14 g total fat (9 g sat fat), 25 g carb, 2 g fibre, 36 mg chol, 189 mg sodium. %RDI: iron 9%, calcium 8%, vit A 19%, vit C 83%

Source: Ontario Goat Cheese (ontariogoatcheese.ca)
Find more recipes at www.farmfreshontario.com.




HAPPY
CANADA
DAY

Thank you to all of our frontline and health care workers during these challenging times!



Alan Ho
Ward 2 Councillor
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Chair of Culture and Economic
Development Committee

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Happy
Canada Day



Hon.
MARY NG, MP
MARKHAM—THORNHILL

yorkregion.com

Mayor Scarpitti
wishes you a
**HAPPY
CANADA
DAY**
and a happy and
healthy summer!



MARKHAM

Celebrating Canada 2021

On July 1, Canada will mark 154 years since Confederation. Canada Day has traditionally been an occasion for celebration and it can also be a day of reflection. Looking back, there are achievements and accolades as well as scars and wounds that have yet to heal. Looking forward, there are opportunities for healing and building a better country. On Canada Day we acknowledge the challenges faced by this nation while also celebrating its people, places and accomplishments.



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Every effort is being made to ensure the well-being of our staff and the community by maintaining proper health protocols. Appointments and Online quotes are available. Send us your pictures, etc. and we will be happy to provide pricing.

Wishing all Health and Safety
Steve Gibson, President



Happy Canada Day

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